

**AN ANALYSIS OF STUDENTS' SPEAKING ANXIETY FACTORS
IN ENGLISH FOREIGN LANGUAGE (EFL)**

A Case Study at SMK Islam Bina Khalifah Bangsa Metro

AN UNDERGRADUATE THESIS



BY

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**ENGLISH EDUCATION STUDY PROGRAM
TEACHER TRAINING AND EDUCATION FACULTY
UNIVERSITAS MUHAMMADIYAH METRO**

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Submitted

**In fulfillment of the requirements to achieve a Bachelor's degree (S-1) in
English Education**

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ABSTRACT

Prastika, Iyastin. 2023. An Analysis of Students' Speaking Anxiety Factors in English Foreign Language (EFL) (A Case Study at SMK Islam Bina Khalifah Bangsa). An Undergraduate Thesis. English Education Study Program, Teacher Training and Education Faculty. Universitas Muhammadiyah Metro. Advisor (1) Amirudin Latif, M.Pd (2) Drs. H. Bambang Eko Siagiyanto, M.pd.

Keywords: Speaking Anxiety, Factors of Speaking Anxiety

This study aims to find out the kinds of student anxiety experienced by students when speaking in English and to uncover the factors that trigger this anxiety at SMK IB Khalifah Bangsa. The benefits of this study are to assist students in overcoming anxiety when speaking English and to provide insights to teachers regarding the factors that can influence students' anxiety in speaking English.

This research employs a qualitative research method with a case study approach. The researcher selected one class of eleventh-grade Pharmacy students at SMK IB Khalifah Bangsa, consisting of 16 students, as the research subjects. In the data collection process, the researcher utilized observation, questionnaires, and interviews. Data analysis consists of three main stages: data reduction, data presentation, and verification of conclusions drawn.

From the data analysis, the researcher concluded several findings regarding the factors of student anxiety in speaking English at SMK IB Khalifah Bangsa as follows: First, there are various types of anxiety experienced by students when speaking English in the eleventh-grade Pharmacy class at SMK IB Khalifah Bangsa, which can be categorized based on Asparanita's theory as State Anxiety, Trait Anxiety, and specific situational anxiety. Second, there are six factors that contribute to student anxiety in learning to speak English in the eleventh-grade Pharmacy class at SMK IB Khalifah Bangsa, in line with Jeffrey's theory (2020), which are: (1) Self-prediction toward fear (2) Irrational faith (3) Over-sensitivity toward threat (4) The sensitivity of anxiety (5) Wrong attribution body signal (6) Low self-efficacy. The results of this study can also serve as a basis for further research on English speaking anxiety and how to create an environment and strategies that support better learning.

RECOMMENDATION

An undergraduate thesis arranged by Iyastin Prastika has been revised and recommended for examination.

Metro, 19 Oktober 2023

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APPROVAL PAGE
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AN ANALYSIS OF STUDENTS' SPEAKING ANXIETY FACTORS IN ENGLISH
FOREIGN LANGUAGE (EFL)

A Case Study at SMK Islam Bina Khalifah Bangsa Metro

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MOTTO

إِنَّ مَعَ الْعُسْرِ يُسْرًا , فَإِذَا فَرَغْتَ فَانصَبْ

"Verily, with hardship comes ease. So when you have finished (one task), strive hard for (another)."

-QS. Al-Insyirah : 6-7-

“ Life can be heavy, especially if you try to carry it all at once, part of growing up and moving into new chapters of your life is about catch or release. What I mean by that is, knowing what things to keep and what things to release. You can't carry all things, all grudges, all updates on your ex, all enviable promotions your school bully got at the badge fund his uncle started. Decide what is yours to hold and let the rest go.”

-Taylor Swift-

“ Being late is not a mistake. The mistake is not doing it at all. Anything that dares to begin must also dare to end, even if it's late.”

-IP-

DEDICATION

Thank you Allah SWT for providing me with everything I needed to complete this thesis. With pride, I dedicate this thesis to:

1. My beloved parents, Mr. Maripin and Mrs. Wiwien Widyaningsih, S.P., who have consistently provided unwavering support, both mentally and materially, throughout my academic journey and the process of creating this thesis.
2. My extended family for their prayers and unwavering support that have encouraged me throughout this research journey.
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May Allah SWT bless and reward all the individuals mentioned above for their contributions and support throughout the journey of completing this thesis. The researcher hopes that this thesis will bring many benefits, especially to the author and readers in general.

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In the name of Allah, the Most Gracious, the Most Merciful, who has bestowed His mercy and guidance upon the author, enabling the completion of this thesis. Peace and blessings be upon the Prophet Muhammad (SAW), his family, and his followers. This thesis, titled "An Analysis of Students' Speaking Anxiety Factors in English as a Foreign Language (EFL): A Case Study at SMK IB Khalifah Bangsa Metro,"

In completing this thesis, the researcher has received significant assistance, support, and meaningful help from various parties. Therefore, the researcher would like to express the utmost gratitude to:

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